# Primary School Meals Menu

## For Food Allergies and Intolerances

Please speak to our kitchen staff about your child's requirements.
Thank You

| Summer 26 Menu | Menu Week 1 | Menu Week 2 | Menu Week 3 |
|---|---|---|---|
| Week Commencing – (Monday) | | | 1st June 26 |
| | 8th June 26 | 15th June 26 | 22nd June 26 |
| | 29th June 26 | 6th July 26 | 13th July 26 |
| | | | |
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| WEEK 1 | WEEK 2 | WEEK 3 |
|---|---|---|
| **Monday** | **Monday** | **Monday** |
| Cheese & Tomato Pizza<br>Potato Smiles or Jacket Potato<br>Baked Beans & Coleslaw& Mixed Salad Bowl<br>Homemade Mandarin Marble Sponge & Custard | Breaded Chicken Goujons<br>Sauté Potatoes or Jacket Potato<br>Baked Beans or Carrot Sticks & Beetroot<br>Homemade Chocolate Sponge & Raspberry Sauce | Cheese & Tomato Pizza<br>Mini Waffles or Jacket Potato<br>Baked Beans & Coleslaw & Mixed Salad Bowl<br>Homemade Pear Sponge & Chocolate Sauce |
| **Tuesday** | **Tuesday** | **Tuesday** |
| Oven Baked Sausage with Gravy<br>Creamed Potatoes or Jacket Potato<br>Broccoli & Carrots & Green Beans<br>Chocolate Rice Krispie Cake | Oven Baked Pork & Leek Sausage with Gravy<br>Boiled Potatoes or Creamed Potatoes or Jacket Potato<br>Broccoli & Carrots & Cauliflower Florets<br>Fruits of the Forest with Strawberry Ice Cream | Homemade Minced Beef Pie with gravy or Mac & Cheese<br>Creamed Potatoes or Jacket Potato<br>Broccoli, Garden Peas & Sweetcorn<br>Llaeth Y Llan Yogurt Pots |
| **Wednesday** | **Wednesday** | **Wednesday** |
| Homemade Chicken Curry with Naan Bread or Chicken Pasta Bake<br>Boiled Rice or Jacket Potato<br>Garden Peas & Sweetcorn<br>Vanilla Ice Cream | Homemade Beef Bolognese or Chilli Con Carne<br>Served with Pasta and Garlic Bread or Rice<br>Peas & Sweetcorn Pepper & Cucumber Salad<br>Assorted Muffins | Frikadellen or Vegetable Pasta Bake<br>Creamed Potatoes or Jacket Potato<br>Sweetcorn & Cucumber & Beetroot Salad<br>Mini Donuts |
| **Thursday** | **Thursday** | **Thursday** |
| Roast Beef & Yorkshire Pudding or Pork Meatballs In Gravy<br>Creamed Potatoes or Jacket Potato<br>Broccoli & Carrots & Peas<br>Fruit Jelly with Cream Swirl | Roast Turkey & Homemade Stuffing & Gravy<br>Boiled Potatoes or Creamed Potatoes or Jacket Potato<br>Carrots & Cabbage & Peas<br>Llaeth Y Llan Yogurt Pots | Roast Turkey & Homemade Stuffing & Gravy<br>Boiled Potatoes or Jacket Potato<br>Broccoli & Carrots & Green Beans<br>Chocolate Ice Cream |
| **Friday** | **Friday** | **Friday** |
| Breaded Birds Eye Fish Fingers or Bubble Crumb Salmon<br>Chipped Potatoes or Jacket Potato<br>Baked Beans or Garden Peas & Mixed Salad<br>Homemade Coconut Biscuit and Fruit Wedge or Fresh Fruit Salad | Harry Ramsdens Fish Portion or Cheese Wrap<br>Chipped Potatoes or Jacket Potato<br>Baked Beans or Garden Peas & Mixed Salad<br>Fruit Jelly and Cream Swirl or Fresh Fruit Salad | Breaded Birds Eye Fish Fingers or Cheese Wrap<br>Chipped Potatoes or Jacket Potato<br>Baked Beans or Garden Peas & Mixed Salad<br>Fruit Jelly and Cream Swirl or Fresh Fruit Salad |

**** Please keep looking for menu updates ****

Available daily:- Pasta • Seasonal Salads • slice Wholemeal Bread • Jacket Potatoes • Baked Beans or Cheese
Dessert of the day • Fresh Fruit • Fruit Yogurt • Cheese & Biscuits

**Baked Salmon is available as an alternative on a Friday**

For reasons beyond control, the menus may have to be changed at short notice, please check your individual schools for menu updates.

# Primary School Meals Menu

## Vegetarian Menu

## For Food Allergies and Intolerances

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Thank You

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| Week Commencing – (Monday) | | | 1st June 26 |
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| WEEK 1 | WEEK 2 | WEEK 3 |
|---|---|---|
| **Monday** | **Monday** | **Monday** |
| Cheese & Tomato Pizza<br>Potato Smiles or Jacket Potato<br>Baked Beans & Coleslaw & Mixed Salad Bowl<br>Homemade Mandarin Marble Sponge & Custard | Vegetable Nuggets<br>Sauté Potatoes or Jacket Potato<br>Baked Beans or Carrot Sticks & Beetroot<br>Homemade Chocolate Sponge & Raspberry Sauce | Cheese & Tomato Pizza<br>Mini Waffles<br>Baked Beans & Coleslaw & Mixed Salad Bowl<br>Homemade Pear Sponge & Chocolate Sauce |
| **Tuesday** | **Tuesday** | **Tuesday** |
| Oven Baked Vegetarian Sausage with Vegetarian Gravy<br>Creamed Potatoes or Jacket Potato<br>Broccol & Carrots & Green Beans<br>Chocolate Rice Krispie Cake | Oven Baked Vegetarian Sausage with Vegetarian Gravy<br>Boiled Potatoes or Creamed Potatoes or Jacket Potato<br>Broccoli & Carrots & Cauliflower Florets<br>Fruits of the Forest with Strawberry Ice Cream | Homemade veggie mince Pie & Vegetarian gravy or Mac & Cheese<br>Creamed Potatoes or Jacket Potato<br>Broccoli & Garden Peas & Sweetcorn<br>Llaeth Y Llan Yogurt Pots |
| **Wednesday** | **Wednesday** | **Wednesday** |
| Homemade Vegetarian Curry with Naan Bread or Quorn Pasta Bake<br>Boiled Rice or Jacket Potato<br>Garden Peas & Sweetcorn<br>Vanilla Ice Cream | Homemade Vegetarian Bolognese or Vegetarian chilli con carne<br>Served with Pasta and Garlic Bread or Rice<br>Peas & Sweetcorn, Pepper & Cucumber Salad<br>Assorted Muffins | Vegan Meatballs or Vegetable Pasta Bake<br>Creamed Potatoes or Jacket Potato<br>Sweetcorn & Cucumber & Beetroot Salad<br>Mini Donuts |
| **Thursday** | **Thursday** | **Thursday** |
| uorn Roast & Yorkshire Pudding or Vegan Meatballs In Vegetarian Gravy<br>Boiled or Creamed Potatoes or Jacket Potato<br>Broccoli & Peas & Carrots<br>Vegetarian Fruit Jelly with Cream Swirl | Quorn Roast & Homemade Stuffing & Vegetarian Gravy<br>Boiled or Creamed Potatoes or Jacket Potato<br>Carrots & Cabbage & Peas<br>Llaeth Y Llan Yogurt Pots | Quorn Roast & Homemade Stuffing & Gravy<br>Boiled Potatoes or Jacket Potato<br>Carrots & Broccoli & Green Beans<br>Chocolate Ice Cream |
| **Friday** | **Friday** | **Friday** |
| Fishless Fingers<br>Chipped Potatoes or Jacket Potato<br>Baked Beans or Garden Peas & Mixed Salad Bowl<br>Homemade Coconut Biscuit and Fruit Wedge or Fresh Fruit Salad | Fishless Fingers<br>Chipped Potatoes or Jacket Potato<br>Garden Peas or Baked Beans & Mixed Salad Bowl<br>Vegetarian Fruit Jelly and Cream Swirl or Fresh Fruit Salad | Fishless Fingers or Cheese Wrap<br>Chipped Potatoes or Jacket Potato<br>Baked Beans or Garden Peas & Mixed Salad Bowl<br>Vegetarian Fruit Jelly and Cream Swirl or Fresh Fruit Salad |

**** Please keep looking for menu updates ****

Available daily: Pasta • Seasonal Salads • Wholemeal Bread • Jacket Potatoes with Baked Beans or Cheese • Milk & Water
A Daily Choice of: Dessert of the day • Fresh Fruit • Fruit Yogurt • Cheese & Biscuits • Melon

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